



OFFICE OF THE HEAD, DEPARTMENT OF EDUCATION  
**INTEGRAL UNIVERSITY, LUCKNOW**

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Kursi Road, Lucknow-226026, Uttar Pradesh (INDIA)

Ref. No. IU/HoD/Edu./VAC-25/Invitation Letter/2025/246

Date: 01/11/2025

To,  
**Prof. Zeba Aqil**  
Head, Department of Humanities & Social Sciences  
Integral University, Lucknow.

**Subject:** Invitation as a Resource Person for Value Added Course on ‘Art and Science of Happiness and Wellbeing’.

**Dear Ma’am**

It gives me immense pleasure to invite you as a Resource Person for **Module -I, “Art of Happiness”** in the Value-Added Course ‘Art and Science of Happiness and Wellbeing’ conducted from **4<sup>th</sup> -19<sup>th</sup> November 2025** by Faculty of Education, Integral University. The lecture will be conducted online on google meet on 4<sup>th</sup> November 2025 from 2: 00 pm- 4:00 pm.

Please Furnish at the earliest, Single Page Profile Summary (2 to 3 Paragraphs).

Best Wishes/Regards,

Thanks & Regards

Dr. Eklak Ahmad  
Head, Dept. of Education